

NROTC Unit, The Ohio State University

SIZE CHART (Male)

NAME: _____
Last, First MI

Weight (Without clothes): _____

Height (Without shoes): _____ inches + 1/2" fractions (Example 72 1/2")
Stand in stocking feet, with feet together and back to the wall; measure from top of head to the floor.

Head measurement: _____ Inches + 1/8 fractions (Example: 22 5/8")
Measure around your head, from the center of your forehead, keeping tape straight and parallel to the floor, measure around fullest part, measure right above the eyebrows and ears, taking care to keep the tape measure straight all the way round.

Waist measurement: _____ Inches + 1/8 fractions (Example: 32 3/8")
Measure your waist, against your body (not over your shirt or pants) at the height you normally wear your pants.

Chest measurement: _____ Inches + 1/8 fractions (Example 42 3/8")
With arms relaxed down at sides, measure fullest part of bust/chest, keeping tape parallel to floor.

Neck measurement: _____ Inches + 1/8 fractions (Example: 15 1/8")
Measure around the base of the neck (lowest point of the neck). Number of inches equals the neck size.

Inseam measurement: _____ Inches + 1/4th fractions (Example: 32 3/4")
Take a pair of pants that fit you well. Measure from the crotch seam to the bottom of the pants. Number of inches equal inseam length.

Arm measurement: _____ Inches + 1/4th fractions (Example: 34 1/4")
Bend arm 90 degrees, place hand on hip. Start at center of back of neck and measure across the shoulder to the elbow and down to 1" past the wrist. Number of inches equals your arm length.

Shoe measurement to include "width": _____ (Example: 12 Wide/11 Regular/10 Narrow)
Style: Oxford/Dress

The size trouser I wear now: _____

The size dress coat I wear now: _____

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SIZE CHART (Female)

NAME: _____
Last, First MI

Weight (without clothes): _____

Height (without shoes): _____ inches + 1/2" fractions (Example 72 1/2")
Stand in stocking feet, with feet together and back to the wall; measure from top of head to the floor.

Head measurement: _____ Inches + additional fractions in 1/8s (Example: 22 5/8") **Head:**
Measure around your head, from the center of your forehead, keeping tape straight and parallel to the floor, measure around fullest part, measure right above the eyebrows and ears, taking care to keep the tape measure straight all the way round.

Bust measurement: _____ Inches + 1/4th fractions (Example 34 1/4")
With arms relaxed down at sides, measure over the fullest part of bust, keeping tape parallel to floor.

Waist measurement: _____ Inches + 1/4" fractions (Example: 28 3/4")
Measure around your natural waistline; keep the measuring tape comfortably loose. Don't measure over clothing.

Hip measurement: _____ Inches + 1/4 fractions (Example: 30 1/2")
Measure around your natural hipline; keep the measuring tape comfortably loose. Don't measure over clothing.

Neck measurement: _____ Inches + 1/8 fractions (Example: 15 1/8")
Measure around the base of the neck (lowest point of the neck). Number of inches equals the neck size.

Inseam measurement: _____ Inches + 1/4th fractions (Example: 32 3/4")
Take a pair of pants that fits you well. Measure from the crotch seam to the bottom of the pants. Number of inches equals inseam length.

Arm measurement: _____ Inches + 1/4th fractions (Example: 34 1/4")
Bend arm 90 degrees, place hand on hip. Start at center of back of neck and measure across the shoulder to the elbow and down to 1" past the wrist. Number of inches equals your arm length.

Shoe measurement to include "width": _____ (Example: 12 Wide/11 Regular/10 Narrow)
Style = Women's Dress shoe

The size trouser I wear now: _____

The size dress coat I wear now: _____